

2018-2019 Dress Code

Why a Dress Code?

- Allows teachers and dancers to see proper alignment of shoulders, center, back, hips, knees, and ankles resulting in proper teaching and execution of technique.
- Allows for free range of movement and maximum flexibility.
- Keeps dancers safe in studio.
- Creates uniformity in class and is part of the discipline of dance.
- Establishes good work ethic, respect and unity amongst classmates.
- Creates a class free of distractions.

THE FOLLOWING ARE NOT ALLOWED TO BE WORN IN ANY DANCE CLASS:

- JEANS
- DRESSES
- JEWELRY
- SOCKS
- SWEATSHIRTS
- SATIN BALLET SLIPPERS
- GYM SHOES THAT HAVE BEEN WORN OUTSIDE

NO UNDERWEAR IS TO BE WORN UNDER TIGHTS.

SPORTS BRAS IF WORN SHOULD BE THE SAME COLOR OF THE LEOTARD OR CLOSE FOR BALLET CLASSES.

HAIR MUST BE IN SECURED BUN FOR:

BALLET (LEVEL 1+)
POINTE (LEVEL 1+)

HAIR MUST BE IN SECURED LOW BUN OR FRENCH

BRAID FOR:
ACROBATICS

HAIR MUST BE SECURED BACK OUT OF FACE FOR:

DISCOVER WITH ME
DISCOVER DANCE
COMBO 1 + 2
TEEN/ADULT CLASSES
TAP

MODERN
JAZZ
MUSICAL THEATRE
HIP-HOP

If a dancer has to stop and fix their hair, or a teacher has to stop class to fix hair that has fallen down, it takes precious time out of class. Please be respectful to the teacher and fellow classmates by having hair secured.

Dancers will be asked to remove any items worn that are not part of the dress code.

Hip Hop all levels and Modern 3+ students are encouraged to purchase a pair of Chinese kneepads or any thin, low-profile kneepad for class. No bulky or volleyball style kneepads. While not required, they are *strongly encouraged* for safety and knee health. Chinese kneepads can be purchased online at [Contact Quarterly](http://ContactQuarterly.com) (adult size) or theeastwestcompany.com (smaller sizes).

Thank you for helping us create a professional learning environment that is safe and free from distractions. Be sure to label all dance clothing (including tights), shoes and bags!

Class	Attire	Tights	Shoes
Discover with Me!	Comfortable clothing that does not restrict freedom of movement: leotards, leggings, dance skirts, fitted t-shirts or tank tops are all acceptable	Optional – footless	None
Discover Dance	Girls - pink leotard or dance dress (dance skirt optional) Boys - white t-shirt or tank and black pants or shorts	Girls – Pink footless Boys – N/A	None
Ballet/Jazz Combo 1	Girls - pink leotard or dance dress (skirt optional) Boys - white t-shirt or tank and black pants or shorts.	Girls – Pink footless Boys – N/A	Full sole leather ballet slipper Girls- Pink Boys – Black or White
Ballet/Tap Combo 1 + 2	Girls- pink leotard or dance dress (skirt optional) Boys - white t-shirt or tank and black pants or shorts.	Girls – Pink footed Boys – N/A	Full sole leather ballet slipper Girls- Pink Boys – Black or White <i>All students black Tap shoes.</i>
Creative Acrobatics	Girls- solid color leotard or biketard. Boys – solid color fitted tank or t-shirt and black pants or shorts	Girls – Tan footless or stirrup Boys – N/A	None
Acrobatics	Biketard, unitard or leotard with leggings or fitted shorts. No tee shirts or tank tops or loose or baggy bottoms.	Stirrup, convertible, or footless	None
Jazz + Musical Theatre	Yoga style pants, shorts or leggings, leotards, biketards, form fitting tee shirts or tank tops. No skirts.	Optional	Jazz shoes
Hip Hop	Comfortable pants, shorts, or leggings and a form fitting tee shirt or tank top. <i>Students must cover their knees to allow for sliding on the floor. Knee pads optional.</i>	Optional	Clean athletic shoes or dance sneakers
Modern	Comfortable pants, leggings, or shorts. <i>Students must cover their knees to allow for sliding on the floor. Form fitting tee shirts, leotards, or tank tops. Knee pads optional.</i>	Optional – footless, stirrup or convertible	None
Tap	Yoga style pants, shorts or leggings, leotards, form fitting tee shirts or tank tops.	Optional	Black Tap shoes Level 2 and above: must have adjustable leather tap shoes (no rivet taps)
Ballet	Level 1 Light Blue leotard (any style), matching light blue slip on skirt (no wrap skirts.) Skirts must be long enough to hold with arms in proper <i>demi-seconde</i> . Level 2 Royal Blue leotard (any style) Level 3 Navy Blue leotard (any style). Optional short, sheer wrap skirt. Level 4/5 Black leotard (any style). Optional short, sheer wrap skirt.	Level 1 + 2 Pink footed or convertible Level 3 + above Pink convertible	Level 1 Pink full sole leather ballet slippers Level 2 Pink split or full sole leather ballet slippers Level 3 + above Pink split sole leather or canvas ballet slippers.
Pointe + Pre-Pointe	Dress code same as student’s Ballet level. *Student’s first pair of <i>pointe</i> shoes must be approved by an instructor.	Pink convertible.	Pre-Pointe students optional demi pointe shoes.
Male Ballet students	All items may be white or black. Tee-shirt or tank top (tucked in) or men’s leotard, fitted running pants, shorts, or men’s dance tights. Male students 10+ years of age should wear an athletic supporter or dance belt.	Socks are to be worn if dancer does not have tights.	Men’s black or white ballet slipper
Teen/Adult	May wear their choice of comfortable, form fitting clothing that does not restrict movement: leotards, tights, leggings, dance skirts, fitted tee-shirts or tank tops, etc.	Optional, dancers choice	Footwear appropriate to style of dance