

## Mr Michael - Instructor: Contemporary, Ballet, Senior Company



**Mr Michael** began his performance career at the age of six performing in musicals with Christian Arts and Theater (CAT) of Corona. His “classical” dance training began at Fullerton City College, where he was introduced to ballet and modern. Mr Michael finished his associates coursework at Riverside City College, where he performed with touring performance groups, participated in “Trolley Dances”, as well as choreographed concert dance works in their annual student showcases. He moved to Seattle to pursue a dance education and graduated with his BFA from Cornish College of the Arts. He’s a 200hr-RYT, and holds certifications in Enhance Fitness (Sound Generations) as well as Teaching Preschool and Kindergarten Ballet (Once Upon A Dance).

Since moving to Seattle, he has performed at Broadway Performance Hall and the Moore Theater with Men in Dance, Fisher’s Pavilion Seattle Center, and the Cornish Playhouse, to name a few. Mr Michael has gotten the opportunity to work with Wade Madsen, Deb Wolf, Anouk Van Djik, and Charlie Slender-White in the past few years. He is a current company member of Karin Stevens Dance (KSD) and can also be seen performing and choreographing for companies like SaltShake and Evoke Productions.

When not in the dance studio Mr Michael works as a fitness professional teaching yoga and Pilates-inspired workouts at Solidcore and various yoga spaces around Seattle. He also works with retirement communities leading Enhance Fitness classes. Mr. Michael’s favorite pastimes include pizza and re-runs of Friends.